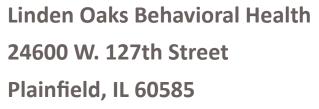
Youth Mental Health First Aid

Training and Certification Class

Wednesday, March 8, 2017 8:00am-5:00pm



- ▶ Presented by Linden Oaks Hinsdale
- ► Course fee (no CEU's): FREE
- ▶ 8 CEU's available for \$50

To register visit: https://030817ymhfa.eventbrite.com



Skills learned:

- Mental illness signs and symptoms in youth/adolescents
- ▶ Risk assessment
- Intervention strategies
- Communication skills
- How to refer for professional help

Continuing Education Offered (8.0 hours):

- ▶ CNE/CE
- ▶ CPDU
- ▶ LCSW
- IAODAPCA
- ▶ LMFT
- ▶ LCPC
- Psychologist



YMHFA Consortium Organizations

Addison Police Department

Aurora West USD #129

Benedictine University

Communities Dare to Care

Cornerstone Services

DuPage County Health Department

DuPage Federation on Human Services Reform

Edward-Elmhurst Healthcare

Good Shepherd Church

Glenbard School District #87

Grundy County Health Department

Indian Prairie CUSD #204

Interfaith Mental Health Coalition

Kendall County Special Education Cooperative

Kids Matter

LaGrange Area Department of Special

Education

Linden Oaks Behavioral Health

Metropolitan Family Services

Naperville CUSD #203

Naperville Public Library

Northern Illinois University

Northwest Community Healthcare

Plainfield CCSD #202

Prairie State Legal Services

Prevention First

Samaritan Interfaith Counseling Center

Sertoma Centre

University of Chicago

Will County Health Department

YMCA Chicago

YMHFA Course Training Objectives

- Describe the necessity of Mental Health First Aid (MHFA).
- Relate the key components of the MHFA Action Plan to the role of the first responder.
- Distinguish normal adolescent development from mental health challenges and disorders.
- Compare and contrast risk factors versus protective factors.
- ▶ Apply the MHFA action plan to a youth in a non-crisis situation.
- Apply the MHFA action plan to a youth in a crisis situation.

^{*} This 8.0 contact hour activity is being provided by Edward – Elmhurst Healthcare.

^{*} Edward – Elmhurst Healthcare (OH-363, 2/1/2017) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

^{*} This presentation is being presented without commercial support and without bias or conflict of interest by any of the planners or presenter.