

Youth Mental Health First Aid

Training and Certification Class

Wednesday, March 8, 2017

8:00am-5:00pm



Linden Oaks Behavioral Health

24600 W. 127th Street

Plainfield, IL 60585

- ▶ Presented by Linden Oaks - Hinsdale
- ▶ Course fee (no CEU's): FREE
- ▶ **8 CEU's available for \$50**

To register visit:

<https://030817ymhfa.eventbrite.com>

Skills learned:

- ▶ Mental illness signs and symptoms in youth/adolescents
- ▶ Risk assessment
- ▶ Intervention strategies
- ▶ Communication skills
- ▶ How to refer for professional help

Continuing Education Offered (8.0 hours):

- ▶ CNE/CE
- ▶ CPDU
- ▶ LCSW
- ▶ IAODAPCA
- ▶ LMFT
- ▶ LCPC
- ▶ Psychologist

Healthy Driven™

Linden Oaks
BEHAVIORAL HEALTH

YMHFA Consortium Organizations

Addison Police Department
Aurora West USD #129
Benedictine University
Communities Dare to Care
Cornerstone Services
DuPage County Health Department
DuPage Federation on Human Services Reform
Edward-Elmhurst Healthcare
Good Shepherd Church
Glenbard School District #87
Grundy County Health Department
Indian Prairie CUSD #204
Interfaith Mental Health Coalition
Kendall County Special Education Cooperative
Kids Matter
LaGrange Area Department of Special
Education
Linden Oaks Behavioral Health
Metropolitan Family Services
Naperville CUSD #203
Naperville Public Library
Northern Illinois University
Northwest Community Healthcare
Plainfield CCSD #202
Prairie State Legal Services
Prevention First
Samaritan Interfaith Counseling Center
Sertoma Centre
University of Chicago
Will County Health Department
YMCA Chicago

YMHFA Course Training Objectives

- ▶ Describe the necessity of Mental Health First Aid (MHFA).
- ▶ Relate the key components of the MHFA Action Plan to the role of the first responder.
- ▶ Distinguish normal adolescent development from mental health challenges and disorders.
- ▶ Compare and contrast risk factors versus protective factors.
- ▶ Apply the MHFA action plan to a youth in a non-crisis situation.
- ▶ Apply the MHFA action plan to a youth in a crisis situation.

* This 8.0 contact hour activity is being provided by Edward – Elmhurst Healthcare.

* Edward – Elmhurst Healthcare (OH-363, 2/1/2017) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

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